Title: Guidelines for Rodent Survival Surgery

I. Purpose:

This document explains the current requirements for performing survival surgery in rodents.

II. Policy:

General requirements for rodent survival surgery include:

1. Designated surgical area approved in IACUC protocol
2. Use of sterile instruments
3. Aseptic technique
4. Anesthesia and analgesics as outlined in approved protocols
5. Monitoring and care of animal’s well being
6. Post-operative care
7. Records
8. Training of personnel

Investigators may conduct rodent survival surgery in IACUC-approved investigator laboratories under special circumstances; however, use of an animal facility procedure room is preferred. While there is no requirement for a dedicated surgical facility for rodents, **there are requirements for how rodent surgery must be conducted**.

Major survival surgery in **non-rodent** mammals must be conducted in dedicated facilities. Investigators cannot perform major survival surgery in **non-rodent** mammals in their own laboratories, but must make use of IACUC approved survival surgery suites, which meet federal standards. More information can be found IACUC policy “Surgery Guidelines for Non-rodent USDA Covered Species”.

III. Procedure:

A. Acclimation Period: Per the Guide for the Care and Use of Laboratory Animals (The Guide), newly received animals should be given a period for physiologic, psychological, and nutritional stabilization before their use.
Rodents should have a 3 day acclimation period prior to anesthesia, surgery, or similarly invasive procedures.

It is the responsibility of the Principle Investigator (PI) to ensure the animal has been released for study prior to placing the animal on project. Additional information can be found in the IACUC Policy “Animal Acquisition, Acclimation and the Animal Tracking System”.

B. Designated Surgery Area: The Guide recommends that rodent survival surgery be performed in dedicated facilities or spaces. The surgical area must be easily sanitized. The immediate surgical area should not be used for other purposes during the time of surgery and traffic in this area should be minimized.

Preparation of Surgery Table Surface: Prior to and between surgeries, clean and disinfect the surface upon which surgery will be performed. Use soap and water, rinse thoroughly, and follow with an appropriate disinfectant (e.g. peroxide compounds, diluted bleach, chlorhexidine, or quaternary ammonium compounds). Disinfectants must be prepared and used according to the manufacturer’s recommendations to ensure appropriate dilution and contact time for disinfection.

C. Use of Sterile Instruments: Surgical instruments must be sterilized for use in survival rodent surgery. Several techniques (steam, dry heat, gas sterilization or chemical agents) can be used to sterilize instruments and other materials that will come in contact with the animal’s tissues. Steam or dry heat are the preferred methods to sterilize surgical instruments.

Chemicals: Chemicals used to sterilize surgical instruments must be classified as a sterilant not a disinfectant. Chemical sterilants typically require a contact time of 6-24 hours, depending on the chemical used. For example, chlorine dioxide requires a minimum of 6 hours of contact time. Glutaraldehyde and Cetylctide require instruments be soaked a minimum of 10 hours. All instruments sterilized by chemicals must be rinsed in sterile water before use in tissues. In between uses, containers used to store these surgical instruments during the sterilization time (see above) will be autoclaved (if metal) or gas-sterilized (if plastic-type material) or handwashed (if metal or plastic-type material). If handwashing is completed for these containers in between use, then RODAC or ATP testing must be completed at least annually as per our Standards of Care Policy “Animal Facility Quality Assurance and Monitoring.” Overall, chemical sterilants must be prepared and used according to the manufacturer’s recommendations.

Multiple Surgeries: When performing surgeries on multiple animals it is recommended to have at least 2 sets of sterile instruments to allow re-sterilization of instruments between animals. Chemical sterilants typically require hours of contact time, therefore they are seldom practical for re-sterilizing instruments on
the same day as surgery. It is suggested that a new sterile instrument pack be used after every 6 major surgical procedures.

**Glass bead sterilizer:** The optimal method for re-sterilization of instrument tips on the day of surgery is using a Glass bead sterilizer. While the first set of instruments is being re-sterilized, the second set is used. After using a set of instruments, remove all organic material and then immerse the instruments in a glass bead sterilizer for 20-30 seconds (follow manufacturers guidelines). Make sure the tips of the instruments have cooled before using them on animals. Tips may be cooled by dipping in sterile water. It should be noted that glass bead sterilizers and tips of instruments sterilized in glass bead sterilizers are capable of producing severe burns. Care must be exercised when using a glass bead sterilizer, and all manufacturer instructions and safety precautions must be followed to avoid injury.

Quality assurance of glass bead sterilizers on campus should follow manufacturer recommendations. The temperature of the bead wells should be accuracy checked using a separate thermometer and comparing to the temperature readout on the sterilizing device. This includes devices with analog temperature settings in addition to those with digital readings. With each use, the beads will be visually inspected to ensure there is no residual, contaminating material from previous use. Beads will be replaced as needed based on individual manufacturer recommendations.

D. Aseptic Technique:

*Preparation of the Animals:* While under anesthesia (as approved in a protocol) and prior to taking the animals to the surgery area, it is suggested that at least a centimeter of hair be removed on either side of the incision site. Hair can be removed by clipping with an appropriate sized clipper, shaving with a razor, plucking (in anesthetized rodents), or by using a depilatory cream. Then remove loose hair with a dry gauze or careful vacuuming with a HEPA filtered vacuum system. Place lubricating ophthalmic ointment (such as Lacrilube® or Purilube®) in the anesthetized animal’s eyes to prevent drying of the cornea.

*Clean and aseptically prepare the surgical site:* Use an effective antiseptic surgical scrub (e.g., Nolvasan®, Betadine®). Carefully scrub the area with a new clean surgical sponge or sterile cotton swab. Scrub in a gradually enlarging circular pattern from the center of the proposed incision to the periphery. The sponge or swab should not be brought back from the contaminated periphery to the clean central area. Repeat with a 70% alcohol (or sterile water) soaked sponge or sterile cotton swab. Repeat this process three times to minimize the presence of micro-organisms.

*Preparation of the Surgeon:* Surgeons must wash their hands with a surgical scrub (e.g., Betadine Scrub®, Nolvasan Scrub®, Avagard™) wear a mask, sterile gloves, and lab coat. Long hair must be pulled back. A new pair of sterile surgical gloves must be used for each animal.
**During Surgery:** The surgical field must be kept sterile throughout the procedure. Sterile instruments must be prevented from contacting non-sterile surfaces. Instruments must be placed on a sterile surface when not in use. In most cases, the use of sterile drapes is required for maintenance of the sterile field.

**E. Monitoring and care of animal’s well-being:** Monitor the animal carefully during the surgical procedure. Anesthetized animals must not be left unattended during the procedure. The animal’s depth of anesthesia must be assessed by toe/tail pinch prior to making an incision. Surgeons must pay close attention to the animal’s, respiratory rate, body temperature and response to physical stimuli during anesthesia. Evaluating the animal’s response to surgery (increased respiratory rate, movement, or vocalization) will also help determine the anesthetic depth.

**Maintain Body Temperature:** To prevent hypothermia, do not wet the animal any more than necessary. Care should be taken to prevent contamination of the sterile surgical field during subsequent handling and positioning of the animal. Place the animal on a clean absorbent surface and maintain body temperature using a circulating water blanket, warm water bottle, or equivalent external heat source, taking care to not cause thermal burns to the animal's skin.

**F. Postoperative Care:** Recovering animals should not be placed onto loose bedding material until they are fully awake, as suffocation can result. A clean surface (e.g. paper towel) may be placed between the bedding and the animal until it awakens from anesthesia. Prevent hypothermia by placing the recovering animals in a warm cage. If necessary, the cage may be placed on a bedded or padded surface and supplied with supplemental heat as required (such as a circulating hot water pad). Be cautious with supplement heat sources; hyperthermia can be as detrimental as hypothermia.

**Observe Animal:** Animals must be in an area where they can be frequently (every 10-15 minutes) observed until they are ambulatory and clearly awake. To prevent cannibalism or suffocation, it is best to separate non-ambulatory from ambulatory rodents. Once animals return to standard housing, the cage should be identified with a blue index card reading “Post-Op”. Post-Op cards can be obtained from the facility manager and husbandry staff. The incision site must be assessed daily to ensure it is clean, dry and intact. If the animal’s incision dehisces, the PI’s staff must contact Campus Veterinary Services (CVS) for assessment and surgical repair. Animals should be observed for signs of post-surgical pain (e.g., vocalization, persistent lethargy, lameness, or other signs identified in protocol). They may be treated per the protocol or CVS must be notified. Notify CVS if signs of pain do not resolve after approved treatment.

**Maintain Hydration:** Dehydration can be ameliorated by the administration of appropriate fluid therapy. Initially this may be done by giving 1 to 2 ml of warm
fluids (0.9% NaCl or equivalent) per 100 grams of body weight by subcutaneous injection. If blood loss occurred during the surgical procedure, or if the animal is slow to recover from anesthesia, provide additional fluids. Consult CVS for assistance with fluid therapy.

**Daily Post-op Checks:** A member of the investigator’s staff or other individual to whom postsurgical care has been delegated must check postsurgical animals at least daily for a minimum of 7 days, until wounds have healed, and/or sutures/staples have been removed, unless the protocol has been approved for shorter duration for minor procedures. **Animals must be given analgesics as specified in approved Animal Care and Use Protocols and if needed thereafter,** as prescribed by Campus Veterinary Services. Animals should be observed for signs of pain (e.g., vocalization, persistent lethargy, lameness, or other signs identified in protocol). They may be treated per the protocol or Campus Veterinary Services must be notified. Notify CVS if signs of pain do not resolve after approved treatment.

**Antibiotics:** In general, intra- or postoperative antibiotics are unnecessary when aseptic technique is maintained. If an inadvertent contamination occurs during surgery, consult with Campus Veterinary Services immediately. If routine postoperative antibiotics are thought to be needed, their use needs to be included in the approved Animal Care and Use Protocol.

**G. Records:** Postsurgical records must be kept in the room where the animals are housed the duration of post-operative care. An example of an anesthesia/surgery record and the policy for record documentation can be found on the Campus Veterinary Services website.

**Documentation:** All daily observations and treatments must be recorded on the animal’s postsurgical record. External wound clips, staples, or sutures must be removed when surgical incisions are healed, 7-14 days after the surgery, or as outlined in the approved Animal Care and Use Protocol. Consult with Campus Veterinary Services if you have questions regarding the optimal staple or suture removal time. CVS must be notified if postsurgical complications occur.

**H. Training:** PIs are required to ensure all staff conducting or assisting with rodent survival surgeries are appropriately trained and that training has been documented. Researchers conducting surgical procedures must have appropriate training to ensure that good surgical technique is practiced – that is, asepsis, gentle tissue handling, minimal dissection of tissue, appropriate use of instruments, effective hemostasis, and correct use of suture materials and patterns. Personnel conducting survival surgery must take the online UC Davis Rodent Survival Surgery course. Personnel must obtain training on aseptic techniques from other knowledgeable personnel or by attending the Aseptic Techniques instructor led training. PIs and
staff may also receive hands-on training for specific surgical techniques from others proficient in the procedure.

Training Opportunities:

1. An Aseptic Technique course and an online UC Davis Rodent Survival Surgery course are offered by the IACUC Office.
2. There is also an AALAS Learning Library online module for Aseptic Technique for Rodent Survival Surgery.

Please contact the IACUC office for questions regarding training or to obtain an AALAS Learning Library username/password (iacuc-staff@ucdavis.edu).

I. Non-Survival Rodent Surgeries: In non-survival surgery, an animal is euthanized before recovery from anesthesia. Adequate general anesthesia/analgesia must be maintained throughout the procedure, but it may not be necessary to follow all the techniques outlined in this section for non-survival surgery. The surgical site should be clipped, the surgeon should wear a lab coat and gloves, and the instruments and surrounding area should be clean. For non-survival procedures of extended duration, attention to aseptic technique may be more important in order to ensure stability of the model and a successful outcome.

You may contact Campus Veterinary Services (530-752-0514, 530-219-3076, or lahc@ucdavis.edu) for questions regarding animal health, anesthetic support, surgical wound care, postoperative analgesia, or other questions regarding these guidelines.

IV. Resources:

1. ILAR, Guide for the Care and Use of Laboratory Animals http://nap.edu/12910
7. “Aseptic Technique In-Person Course” https://research.ucdavis.edu/policiescompliance/animal-care-use/training-classes/
8. “UC Davis Rodent Survival Surgery”
   https://research.ucdavis.edu/policiescompliance/animal-care-use/training-classes/uc-davis-rodent-survival-surgery/